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ALCOHOL AND DRUG ABUSE DIVISION
MONTANA DEPARTMENT OF INSTITUTIONS
1539 11TH AVENUE, HELENA, MONTANA 59620
(406) 449-2827

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December 1981/January 1982

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PREVENTION GRANTS AVAILABLE

During the month of December, 1981, the Alcohol and Drug Abuse Division will be issuing a request for proposals. This will be similar to the mini-grant program sponsored earlier this year, however, while the basic procedure remains the same the guidelines have been modified. For example: 1) all applicants must follow a specific goal and objective format; 2) no project currently holding an ADAD mini-grant can apply for these funds as continuation monies; and 3) all applicants must show how they expect to continue the project beyond the initial grant funding.

Additional changes in these grants are budgetary, i.e., grants can go up to a maximum of \$10,000. (We have received an additional \$40,000 of prevention monies from NIDA, making this possible.) Priorities have been changed, with the effort being directed toward: a) experimental or innovative programming which may be replicable statewide; b) programs specifically directed toward "parents" and "families"; and c) implementation of comprehensive community prevention programs which will use and emphasize use of existing community resources.

The proposal bid date will be announced within the next two weeks. All applications are due in by January 15, 1982; however, the projects can extend or run through March of 1983.

For more information call or write: Terry Stanclift
Alcohol and Drug Abuse Division
Department of Institutions
1539 11th Avenue
Helena, MT 59620
(406) 449-2827

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WILCOX RESIGNS

D. H. "Skip" Wilcox, Montana Drug Program Supervisor, has resigned effective December 11, 1981, to go into private counseling in Great Falls.

Some of Skip's major accomplishments in the past two years have been the development of the Clinical Recordkeeping book used by all NIDA drug programs, maximum utilization of drug slots in the clinics and the development of drug programs in Kalispell and Great Falls.

Skip has been called upon for numerous speaking engagements throughout the state and has been well received.

While Skip will be gone he surely will not be forgotten.

At this time ADAD does not anticipate filling this position; however, Dick Rice, Director of Treatment and Rehabilitation for the state drug clinics will assume most of Skip's responsibilities.

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NEW ALCOHOL APPROVAL RULES TO BE ADOPTED

The new Montana Administrative rules specifying the standards for the approval of alcohol programs are expected to be adopted December 21, 1981, and implemented January 4, 1982. These rules were developed by ADAD, through input from local programs, other states and Joint Commission on the Accreditation of Hospitals (JCAH) Standards, to help improve the quality and clarity of Montana's alcohol Approval Standards.

The rules were filed in July, 1981, a public hearing was held in August and the Legislative Code Committee reviewed them in September and November. The rules have been revised based on comments received during the public hearing and also recommendations made by the Administrative Code Committee. Major revisions include: changing the care components to Detoxification, inpatient (hospital), inpatient (Free Standing), intermediate (Transitional Living), and outpatient; delete Sections 101 State Plan, 210 Community Education and Prevention and 211 Alcohol Information Course.

The finalized adopted rules will be printed and mailed to all state approved programs by February, 1982.

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If you would like to continue receiving future copies of the HABIT, please complete the questionnaire in the back of this issue and return it to the Alcohol and Drug Abuse Division no later than January 15, 1982.

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CODAP BITES THE DUST

Due to federal cutbacks the National Institute on Drug Abuse (NIDA) will no longer be processing CODAP information to the states. Programs who submit CODAP data to ADAD will continue to do so through the end of December, 1981. Starting January 1, 1982, these programs will report similar information on ADAD's Alcohol Information System (AIS), which gathers client data with Admission, Discharge, Follow-up forms and a Monthly Summary Report. Programs will receive monthly computerized output reports from ADAD to assist them in planning, management and in developing outcome and effectiveness indicators. If programs have any questions regarding this, they may contact Carrie Larsen or Phyllis Burke at 449-2827.

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One out of every ten dollars spent on magazine advertising is spent by the liquor industry. These expenditures are tax deductible business expenses. "Playboy" boasts the largest number of pages per issue devoted to alcohol advertising with "Psychology Today" second.

- Bernie Orr
Texas State Prevention Coordinator

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TRAINING

The response to the ADAD workshops, INTERVENTION and ASSESSMENT AND TREATMENT PLANNING has been positive. Participants have been enthusiastic about the one-day delivery time and the basic "have-to" format of these presentations.

The next subjects for training in one-day sessions are AFTERCARE ISSUES--PREVENTION OF RELAPSE and TREATMENT PLANNING FOR FAMILY MEMBER CLIENTS. "Aftercare" will be presented for the first "trial-run" in January.

Counselors are again requested to submit suggestions, requests or questions regarding training to Kay Flinn of ADAD.

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DRUNK DRIVERS WRECK FAMILIES

The Montana Highway Patrol has just released the following statistics for 1980:

173 drivers who were killed had been drinking
187 persons were killed due to drinking drivers
3455 persons were injured due to drinking drivers
3642 persons were killed or injured by drinking drivers

The 1980 statistics show that 53 percent of drivers killed had been drinking, 1981 statistics to date show that over 70 percent of drivers killed had been drinking. It is projected that overall numbers of persons affected by drinking drivers will be 6-8 percent higher in 1981 than in 1980.

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FILM CATALOGS

Effective today, copies of the 1981 Audio Visual catalog will be free to anyone who request them.

If you wish a copy to be sent to programs and personnel throughout the state, please let us know and we will be happy to send them.

Contact: Robert L. Solomon
Planning and Evaluation Unit
State Department of Health
and Environmental Sciences
Capitol Station
Helena, MT 59620

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"The term primary prevention is a paradox; it does not set out to prevent anything. As helpful as prevention can be, not doing something is a negative act. We can't teach people not to do something; the human mind doesn't work that way. The mind is all plusses."

- Prevention Resources

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Non-addictive heroin use is a greatly underpublicized phenomenon in America.

- High on Life/Health
Communications Inc./1981

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CERTIFICATION REMINDER

Now that the Program Evaluation Section is looking at certification rules compliance when they perform onsite reviews, it may be helpful to program directors, as well as other personnel, to repeat the rules for new employees.

On page 11 of the Certification Standards it states:

1. All persons employed after April 1, 1980, must register for certification within 30 days.
2. All supporting documents for these employees must be submitted within 90 days.

If you were employed between April 1, 1980, and the present, and have not sent in your certification forms with verification, you are in violation of this rule. We urge you to comply without further delay. Anyone else who has not submitted their materials should do so immediately to avoid possible program evaluation demerits.

Those persons who are now fully certified should review the Continuing Education Rule as explained on page 9 of the Certification Standards. In order to have your certificate renewed at the close of the three-year period you must have accumulated 30 points.

Please feel free to address any questions or requests for assistance to Bob MacConnel, Certification Section, ADAD.

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The Saddle Brook Township Council has passed an ordinance banning "X-rated movie theatres, adult bookstores, massage parlors, half-way houses, rehabilitation centers, drug clinics and drug-distribution centers."

- The Record

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SCHEDULE OF CERTIFICATION EXAMS

Written Test

January 6, 1982
March 3, 1982
May 5, 1982

Oral Test

February 6, 1982
April 3, 1982
June 5, 1982

For more information regarding certification examinations, contact Bob MacConnel at the Alcohol and Drug Abuse Division, 449-2827.

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COUNTY PLANS DUE

County Plans for FY83 are due in the Alcohol and Drug Abuse Division office by 5:00 p.m., December 31, 1981. Four copies are required. These should be mailed to: Michael A. Murray, Administrator
Alcohol and Drug Abuse Division
Department of Institutions
1539 11th Avenue
Helena, MT 59620

ADAD will review plans and notify county commissioners of the outcome no later than April 1, 1982.

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SERVE A NAB

- From the NIAAA Information and Feature Service

Officials in the State of Kansas Alcohol and Drug Abuse Services office have initiated an ongoing health promotion featuring a series of promotional materials and attractive non-alcoholic drink recipes designed to provide people with an alternative to drinking liquor in social settings.

The NAB (non-alcoholic beverage) program according to Dr. Lorne A. Phillips, Commissioner of the Kansas Alcohol and Drug Abuse Services, is designed "to promote attractive non-alcoholic beverages for persons who choose not to drink for whatever reason."

We are printing a few of the NAB recipes which you may wish to try out during this holiday season.

NO-CHAMPAGNE COCKTAIL

Champagne Glass, Blender

1 scoop fine ice
3 oz. Sparkling Mineral Water
1 oz. Simple Syrup
½ oz. Lemon Juice
Dash of Bitters
Garnish: Lemon slice or twist

Place simple syrup, lemon juice and bitters in blender. Mix well and pour over fine ice. Add sparkling mineral water and garnish.

SPARKLING SHORT CUT

Use one of the following nonalcoholic beverages:

Meier's Sparkling Apple Cider
Meier's Sparkling Pink Catawba Juice or
Meier's Sparkling White Catawba Juice

Serve on the rocks.

Variation: Add apple cider

NAB CHERRY JUBILEE

1 Tall glass filled with lots of ice
4 oz. orange juice
4 oz. Ginger Ale or Fresca
1 oz. marischino cherry juice
Garnish: 3-4 marischino cherries

Stir. Add garnish.

BULLEE LIME

Squeeze and drop in 2 lime wedges
2 dashes hot pepper sauce
2 dashes Worcestershire sauce
Fill with beef broth
Garnish: Celery or carrot stick

Circle rim of glass with lime wedge to moisten. Salt rim by turning in saucer of table salt. Mix ingredients in order listed.

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TRAINING QUESTIONNAIRE

Please answer these questions and return your responses to ADAD by January 15, 1982.

Preference for number of days for a workshop:

1 2 3 4 5

Preference for the workshop location:

Helena Regional

Subjects (most desirable [1] to least desirable [7]):

- 1 - Adolescents in Treatment
- 2 - Women in Treatment
- 3 - Family Members in Treatment
- 4 - Prevention of Relapse
- 5 - Group Skills
- 6 - Management for Program Directors
- 7 - Suicide; threats, intervention, etc.

Other suggestions:

PLANNING TASK FORCE

Carroll South, Director, Department of Institutions, recently announced that he has appointed a special task force to begin planning for alcohol and drug abuse in Montana. The task force will have as its purpose:

1. Review and make recommendations on the current organization structure and delivery of service.
2. Make recommendations on how alcohol services are funded; subsidy (current method) or fee for service.
3. Recommend a long range plan for the funding of alcohol and drug abuse treatment services for the state.

The task force will be composed of:

State Alcohol Advisory Board

Dr. VanHorne, Missoula
Bill Spoja, Lewistown
Joe Plumage, Billings

Legislature

Chuck Cuzzins, Yellowstone County
John Vincent, Gallatin County

County Commissioners

Joan Diest, Flathead County
Jack Whitaker, Cascade County

Alcohol Programs

Ron Hjelmstad, Hill-Top Recovery, Havre
Jack Polari, District II, Glendive
Ed Shepherd, Ravalli County Alcohol Program, Hamilton
Mona Sumner, Rimrock Foundation, Billings

The task force will receive an initial issue paper to react to and begin planning from, community programs will receive a copy of this draft document. At each step in the work of the task force effort community programs will be kept informed and encouraged to comment in writing to the Director, who will share all comments with the task force. Community program personnel and their board members will be welcome to attend and observe the work of the task force meetings. The first meeting agenda will be mailed to programs with the agenda for the January Advisory Council Meeting.

The final product of the task force will be taken to the 48th Legislative session for their review and action.

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"Behavior difficulties are not unique to the underclass. Students of democracy are concerned over the "passivity" exhibited by the forty-six percent of eligible Americans who did not vote in the 1980 Presidential election. Deviance can be observed among the well-to-do who sniff cocaine behind closed doors, live in open marriages, commit white-collar crimes, become alcoholics or demonstrate a pathological devotion to self-analysis, self-promotion, or success"

- The New Yorker

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BLOCK GRANTS

The special session of the Legislature adopted the Administration's request regarding block grants. Those state approved programs that have a contract for discretionary funding will receive a reduction in their required service revenue as follows:

<u>Program</u>	<u>Previous Requirement</u>	<u>New Requirement</u>
Reservation Program	5%	2%
Economically Depressed Area (new category)	--	3%
Outpatient Program	10%	5%
Intermediate & Inpatient	15%	7%

This reduction was recommended after consideration of actual service revenue collected thus far this fiscal year. The reduction will provide maintenance of the current level of service at the community level. We will carry forward \$987,202 for the 48th Legislature to appropriate for alcohol and drug treatment.

The service revenue adjustment will be made when the Department recontracts in January, 1982, effective February 1, 1982. Programs are encouraged to get both their financial and quarterly activity reports in as early as possible in January, 1982.

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"How many young people have made a decision about whether sharks are dangerous? Would they go into the water if a school of sharks was present? Yet many will have to go through a process of deciding whether drugs are dangerous and deciding if they'll use them."

- Geraldine Silverman
National Federation of Parents
For Drug Free Youth

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Marijuana use by American High School students is down this year. William Pollin, NIDA Director, suggests that many students may have dropped out by that year. He cautions too, that 1/3 of all heavy users of marijuana go on to use heroin.

- Public Broadcasting System

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The clear cut distinction between "psychic" and "physical" dependence illustrates the old dichotomy between mind and body which modern neurophysiology and psychology no longer justifies since soma and psyche are inextricably "interwoven".

- United Nations Bulletin on
Narcotics

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NEWSLETTER READER SURVEY

In order for us to continue to send you this newsletter, we must know it has value to you. In order to receive future copies, complete the following questionnaire and return to the Alcohol and Drug Abuse Division no later than January 15, 1982.

1. How do you find the articles?

Too Technical

About Right

Too General

2. How many times should the newsletter be published each year?

Monthly

Semi-Annually

Bi-Monthly

Quarterly

3. Are there any special subjects you would like to see presented? If so, briefly explain below.

4. Do you wish to receive future issues of the newsletter?

Yes

No

5. Do you know someone who would be interested in receiving the newsletter? Please provide that person's name and address below.

COMMENTS:

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